



June Competition Heats Things Up

Stewart Forbes proved to be the man in form but fell at the final hurdle. Having to play a preliminary round against Azam Khan and a feat in itself. He survived, coming from 6-9 down with 2 mins to go. Drew level on points just as time was called, taking it to

sudden death and eventually winning 10-9.

Peter Graham came up against hard hitting Terry O'Neill and knocked him off his stride with some precision volleys, taking the match 22-20.

Highlight of the next round was again Stewart Forbes knocking out number 1 John Campbell with grit and determination winning 26-23.

In the semi-finals Jim McGinlay was pushed all the way in a hard fought close match by dad to be Simon Fraser with Jim edging through to the final by the closest of margins 7-6. In the other semi final Stewart Forbes kept up winning ways beating Peter Graham 30-21.

The final was an enthralling affair between two form players. Stewart raced into a 7-2 early lead after being 2-0 down. Jim rallied and slowly pegged it back to 7-7. Stewart regained the initiative going 8-7 in front just as the two minute warning sounded. This sparked an-

other huge effort from Jim winning three quick points giving him the edge going into the dying seconds. Stewart came back again after a lung bursting twenty shot rally to make it 10-9, but time finally ran out with Jim winning 10-9.

Competition results

S.Forbes 10-9 A.Khan
F.Davidson w/o J.Park
P.Graham 22-20 T.O'Neill
S.Fraser 26-19 F.Davidson
J.McGinlay 24-13 R.Peeyush
S.Forbes 26-23 J.Campbell

Semi Final

J.McGinlay 7-6 S.Fraser
S.Forbes 30-21 P.Graham

Final

J.McGinlay 10-9 S.Forbes

We would like to thank all the players, and markers for their efforts tonight.

John Campbell



A hard fought final between Jim McGinley and Stewart Forbes

Club Ladder Rankings

There hasn't been much activity on the ladder lately. Only seven games have been played in 2010. John Campbell beat Simon Fraser 3-0 to get the top spot in October 2009, and still holds it. Anyone care to challenge and capture the top spot? Just work your way up the ladder and see how far you can get. Standings as of June 30th were:

1. John Campbell
2. Simon Fraser
3. Azam Khan
4. Jim McGinlay
5. Terry O'Neill
6. Fiona Davidson
7. Allan Crowe
8. Steve Oliver
9. Peeyush Roy
10. Brian Knox
11. Peter Graham

As of October, the committee has decided to offer quarterly awards. to get more activity in the ladder.

...make the ladder more active and claim the Quarterly Points award of a £20 gift certificate for Amazon.

At the end of each calendar quarter, the player who tops the club ladder will be given a £20 gift certificate for Amazon. If you feel you may struggle to climb to the top of the ladder, then worry not, as there will be an award for the most improved/active player as well. This will be based on a points system as follows:

Ladder matches will be best 3 out of 5.

	Winner	Loser
3-0	12pts	3pts
3-1	10pts	5pts
3-2	8pts	7pts

So make the ladder more active and claim the Quarterly Points award of a £20 gift certificate for Amazon.

Challenges can be made online via the club web-site.

Club Facebook Group

The Club now has it's own page on Facebook where you will find reports and photos on all the latest events. To find it, just type "Cumbernauld Squash Club" in to the Facebook search box and join in the fun."

Welcome to Volley!

This is Volley, Cumbernauld Squash Club Newsletter. With this first newsletter the committee hopes to keep the membership informed of club activities and upcoming events. I hope you find it informative. I look forward to your feedback to help make it a more interesting read. Keep volleying!

Azam Khan
Newsletter Editor

Inside this issue:

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Upcoming Club Events

Following the success of June club competition, the committee is already busy planning the next event. So grab your calendars as the next club competition will be held

...next club competition will be held Monday the 16th of August ... and a social get together on Friday the 20th of August.

Monday the 16th of August. By then we hope most members will be back from there summer holidays and will be ready to kick-off another action packed competition. If you'd like to play, please be at the courts 6:45 p.m. sharp so we can make the draw and get the competition started by 7:00 p.m. Look forward to seeing you all.

It has been a while since the club has had a social outing. So we're planning a get together on Friday the 20th of August. More details about timing and venue will follow, but for the time being please pencil this date in for a social with your squash playing chums.

Squash Jargon Explained

We hope this will be a regular feature in the news letter. So if you'd like to know something, just ask, and we'll look into it for you.

In this issue we cover the often disputed **Stroke**.

A stroke is a point awarded for an infringement of interference or denying a fair view of the front wall to the striker of the ball.

In laymans terms if your opponent plays a loose shot and cannot get out of the way and impedes your swing of the racquet or the



June competition winner, Jim McGinley making it two in a row.

process of you attempting to hit the ball. Then an award of a point is given against the person who is causing the interference.

Denying a fair view of the front wall can be interpreted as **player A** playing a loose shot to the front wall, the ball rebounds back close to **player A** therefore denying a fair view for Player B to make good a return back to the front wall.

Check-out the link for an example of let vs. stroke.
<http://www.youtube.com/watch?v=tiUKarLetAA&feature=related>

If you still struggle with it, don't worry, you'll be in good company (see link).
<http://www.youtube.com/watch?v=GX2Cmx1hvSU&feature=related>

Committee Members

Thought we'd introduce the committee members who make the club tick along. So if you have any suggestions about what could be improved or have any questions, do let us know.

Fiona Davidson—Chairperson
Simon Fraser—Treasurer
John Campbell—Competition Organiser
Terry O'Neill—Social Events
Azam Khan—News-letter Editor

Upcoming Squash Events

Rather than put all global events on, I thought it might be best to bring to your attention events occurring within Scotland and UK, and a few major events elsewhere. Not a lot of these events are televised so if you are interested in knowing the results, you'll need to make use of the web!

Scottish Events

West Regional Junior A—Sept 4th – 5th—Location TBC

West of Scotland Open Masters Championship—Oct. 23rd—24th—Location—TBC

Scottish Junior Open—Dec. 28th—31st—Heriot Watt University

UK Events

Marstons English Grand Prix—Sept. 12th—13th—Wolverhampton

World Events

ROWE British Grand Prix—Sept. 15th—20th—Manchester (This a PSA event and world number one Nick Matthew will be playing. Would anyone be interested in a road trip?)

Commonwealth Games—Oct. 4th—8th—New Delhi



Stewart Forbes' form helped him edge past no. 1 seed John Campbell